

ANTECEDENTS

Colostrum = first milk of mammals and helps transfer immunity, helps heal an immature gut, and helps jump start growth

Always ask if the client was breast fed, important with the initial growth of the microbiome

Colostrum is present in the initial days of breast feeding

TRIGGERING EVENTS

MEDIATORS

Pharmacy inside of food:
+ nutritional factors
+ immune factors
+ growth factors
+ immunoglobulins
+ lactoferrins
+ sources of energy
+ vitamins, minerals & fats

+ Liposomal form ideal for better absorption; powder form preferable
5g, 2x a day on an empty stomach

